

Position	BIB No	First Name	Last Name	Gender	Category	Final Time	Remark
1	72	Jonathan	HORAN	Male	16 - 39	0:33:41	Open Category - 1st Male
2	144	Sandesh	RAI	Male	16 - 39	0:34:04	Open Category - 2nd Male
3	197	Hari	BAKHEM	Male	16 - 39	0:35:56	Open Category - 3rd Male
4	13	Adam	GOODMAN	Male	16 - 39	0:36:02	
5	141	Sam	GUNNEWICHT	Male	16 - 39	0:36:09	
6	152	Sean	HANRAHAN	Male	16 - 39	0:39:15	
7	151	Satnam	SINGH	Male	40 - 60	0:39:23	40 - 60 Category - 1st Male
8	159	Stephen	PLUMMER	Male	60+	0:39:44	60+ Category - 1st Male
9	100	Mark	KENCROFT	Male	40 - 60	0:39:51	
10	199	Padam	KUNWAR	Male	40 - 60	0:40:34	
11	179	Tilbikram	SAMBAHANGPHE	Male	60+	0:40:44	Nepal Run Club Member - 1st Male
12	60	Francesca	BOOTE	Female	16 - 39	0:41:14	Open Category - 1st Female
13	166	Sumit	GURUNG	Male	16 - 39	0:42:15	
14	196	Marius	MIHAILESCLI	Male	16 - 39	0:42:33	
15	108	Nar	GARBUJA	Male	16 - 39	0:42:34	
16	53	Dil	PHAGAMI	Male	16 - 39	0:43:04	
17	26	Baldev	KUNWOR	Male	40 - 60	0:43:10	
18	122	Prithvi	KHADKA	Male	16 - 39	0:43:44	
19	194	Peter	HORAN	Male	16 - 39	0:44:11	
20	69	Jack	NISBET	Male	60+	0:44:15	
21	25	Badri	GAJUREL	Male	40 - 60	0:44:27	
22	171	Surya	LIMBU	Male	40 - 60	0:44:33	
23	137	Robert	WILLIN	Male	60+	0:44:37	
24	155	Shambhu	KARKEE	Male	40 - 60	0:45:10	
25	173	Sushant	CHUDAL	Male	16 - 39	0:45:29	
26	165	Sujan	SHRESTHA	Male	40 - 60	0:45:52	
27	18	Animesh	SHRESTHA	Male	16 - 39	0:47:33	
28	149	Sarah	KAMINSKI	Female	40 - 60	0:47:54	Open Category - 2nd Female
29	195	Andrew	MCLAUGHLIN	Male	16 - 39	0:47:55	
30	140	Salina	RAJBHANDARI	Female	40 - 60	0:48:02	Open Category - 3rd Female
31	192	Michael	CHARLES	Male	40 - 60	0:48:28	

32	182	Tomasz	ZAWORSKI	Male	40 - 60	0:48:44	
33	31	Bhan	CHAND	Male	40 - 60	0:48:53	
34	61	Gary	STRINGER	Male	60+	0:49:25	
35	22	Ashok	CHAPAGAIN	Male	40 - 60	0:49:44	
36	45	Damodar	ACHARYA	Male	40 - 60	0:49:48	
37	78	Khem	JOSHI	Male	40 - 60	0:49:53	
38	142	Samikchha	GURUNG	Female	16 - 39	0:50:22	Nepal Run Club Member - 1st Female
39	183	Vanessa	PAUL	Female	40 - 60	0:50:29	40 - 60 Category - 1st Female
40	180	Tirtha	GURUNG	Female	16 - 39	0:50:30	
41	98	Manoj	GURUNG	Male	16 - 39	0:50:47	
42	47	Dean	GADD	Male	40 - 60	0:50:58	
43	110	Naren	GURUNG	Male	40 - 60	0:51:01	
44	94	Malcolm	WOOLSEY	Male	40 - 60	0:51:14	
45	181	Tirtha	RAJ	Male	16 - 39	0:51:16	
46	97	Manisha	LIMBU	Female	16 - 39	0:51:25	
47	111	Narendra	PRADHAN	Male	40 - 60	0:51:31	
48	177	Tek Bahadur	GURUNG	Male	40 - 60	0:51:32	
49	76	Kedar	KHANAL	Male	16 - 39	0:51:39	
50	114	Om Prakash	RAI	Male	40 - 60	0:52:02	
51	200	Nabin	GOWLLAN	Male	40 - 60	0:52:16	
52	118	Pradeep	GURUNG	Male	16 - 39	0:52:17	
53	49	Denise	ROACH	Female	40 - 60	0:52:18	
54	109	Narayan	ADHIKARI	Male	40 - 60	0:52:20	
55	52	Dibya	MAHARJAN	Male	40 - 60	0:52:21	
56	39	Carmen	TO	Female	16 - 39	0:52:25	
57	116	Padam	SUNUWAR	Male	40 - 60	0:52:25	
58	156	Shekhar	BHATTARAI	Male	40 - 60	0:52:47	
59	161	Stuart	ABRAHAM	Male	40 - 60	0:52:50	
60	115	Omprasad	GURUNG	Male	40 - 60	0:52:51	
61	43	Churamani	REGMI	Male	40 - 60	0:52:54	
62	126	Rajendra	OJHA	Male	40 - 60	0:52:57	
63	157	Sher Bahadur	GURUNG	Male	40 - 60	0:53:04	

64	30	Bhakti	CHUDAL	Male	60+	0:53:23	
65	191	Sudhir	ADHIKARI	Male	40 - 60	0:53:47	
66	168	Suresh	THAPS	Male	40 - 60	0:53:48	
67	42	Chandrakuber	ANGBUHANG	Male	40 - 60	0:54:00	
68	92	Mahesh	NIRAULA	Male	40 - 60	0:54:15	
69	91	Mahendra	GURUNG	Male	40 - 60	0:54:30	
70	136	Rishi	KHANAL	Male	40 - 60	0:54:41	
71	167	Sunil	THAPA	Male	40 - 60	0:54:50	
72	58	Elizabeth	ABRAHAMS	Female	40 - 60	0:54:53	
73	80	Krishna	KHATIWADA	Male	40 - 60	0:55:49	
74	17	Amrit	SHRESTHA	Male	40 - 60	0:55:51	
75	201	Yvonne	NWOKEDI	Female	16 - 39	0:56:00	
76	106	Nabin	GURUNG	Male	16 - 39	0:56:03	
77	153	Sesh	NARAYANAN	Male	40 - 60	0:56:08	
78	56	Dinesh	THAPA	Male	40 - 60	0:56:23	
79	189	Chetan	KHATRY	Male	40 - 60	0:56:23	
80	188	Ruden	BHUTIA	Male	16 - 39	0:56:27	
81	164	Sujan	GURUNG	Male	16 - 39	0:56:28	
82	71	Jas	BANSAL	Male	40 - 60	0:56:28	
83	87	Louise	PRINCE	Female	40 - 60	0:56:40	
84	123	Puru	RAI	Male	40 - 60	0:57:37	
85	134	Resham	PUN	Male	60+	0:57:45	
86	65	Gurmeet	LALLY	Female	60+	0:57:52	60+ Category - 1st Female
87	113	Nick	VANSON	Male	60+	0:57:54	
88	86	Lorraine	LECKENBY	Female	60+	0:58:19	
89	40	Cath	TIERNEY	Female	40 - 60	0:59:40	
90	131	Ray	MITCHELL	Male	40 - 60	1:00:18	
91	160	Steven	MERLE	Male	40 - 60	1:00:20	
92	34	Bikram	GURUNG	Male	40 - 60	1:00:28	
93	143	Samir Nath	PYAKURYAL	Male	40 - 60	1:01:11	
94	146	Sanjeev	GHIMIRE	Male	40 - 60	1:01:11	
95	128	Rama	RAI	Female	16 - 39	1:01:18	

96	150	Saraswati	KHANAL	Female	40 - 60	1:01:19
97	19	Anna	GALLAGHER	Female	40 - 60	1:01:38
98	178	Tik Bahadur	SUNUWAR	Male	40 - 60	1:01:47
99	41	Catherine	GUNNEWICHT	Female	40 - 60	1:01:57
100	66	Hari	ARYAL	Male	40 - 60	1:02:11
101	190	Dipti	KHATRY	Female	40 - 60	1:02:48
102	75	Juliet	AIBANGBEE MELLOR	Female	40 - 60	1:03:53
103	121	Preeya	LAMA	Female	16 - 39	1:04:02
104	112	Nemsari	PUN	Female	40 - 60	1:04:06
105	32	Bhim	GURUNG	Male	40 - 60	1:04:39
106	163	Sughra	MOHMMEDI	Female	16 - 39	1:04:49
107	21	Annette	SISSONS	Female	40 - 60	1:05:03
108	64	Gita	RAI	Female	40 - 60	1:05:05
109	154	Shagar	GURUNG	Male	16 - 39	1:05:12
110	24	Avishiek	BHATTARAI	Male	40 - 60	1:06:16
111	50	Dev Maya	GURUNG	Female	40 - 60	1:06:25
112	44	Damber	GURUNG	Male	40 - 60	1:06:25
113	107	Namita	KAPILA	Female	40 - 60	1:07:51
114	104	Muna	PAUDEL	Female	40 - 60	1:08:30
115	93	Mala	GURUNG	Female	40 - 60	1:08:30
116	103	Mukunda	SUNUWAR	Male	60+	1:08:46
117	99	Marcia	BARTHOLOMEW	Female	40 - 60	1:08:59
118	27	Barbara	TOTH	Female	16 - 39	1:09:21
119	96	Man Prasad	GURUNG	Male	40 - 60	1:09:30
120	175	Szilvia	SLOBODA	Female	16 - 39	1:10:04
121	85	Liza	PINEL	Female	40 - 60	1:10:13
122	74	Julie	CHESHIRE	Female	40 - 60	1:10:22
123	193	Alison	BICCINGE	Female	40 - 60	1:11:08
124	46	Danielle	LEE	Female	40 - 60	1:11:13
125	101	Min	DARLAMI	Male	40 - 60	1:11:25
126	176	Tasha	THOMPSON	Female	40 - 60	1:11:48
127	83	Linda	AGYEMANG	Female	40 - 60	1:11:49

128	185	Yimika	ONABIYI	Female	40 - 60	1:11:50	
129	169	Surya	GURUNG	Male	40 - 60	1:12:11	
130	48	Denise	NISBET	Female	40 - 60	1:12:25	
131	119	Prakash	RAUT	Male	40 - 60	1:12:28	
132	38	Buddha Pun	PUN	Male	40 - 60	1:13:18	
133	51	Dhanmaya	GURUNG	Female	40 - 60	1:14:34	
134	132	Razn	LAMIC	Male	40 - 60	1:14:55	
135	68	Hom Raj	BISTA	Male	40 - 60	1:17:18	
136	90	Lyricl	NKECHI	Female	40 - 60	1:18:44	
137	84	Lisa-Marie	BRADNOCK	Female	40 - 60	1:18:44	
138	15	Ambika	RAI	Female	40 - 60	1:18:48	
139	14	Afe	KOMOLAFE	Female	40 - 60	1:19:49	
140	158	Shiva	SAINJU	Male	60+	1:20:06	
141	162	Subikchhya	GURUNG	Female	16 - 39	1:20:13	
142	70	Januka	SITLAULA	Female	40 - 60	1:20:25	
143	139	Rojan	BHANDARI	Male	40 - 60	1:20:33	
144	172	Susan	BOWDERY	Female	40 - 60	1:22:33	
145	133	Reena	PAMPHU	Female	40 - 60	1:25:10	
146	124	Raghu	RA	Male	16 - 39	1:25:12	
147	29	Bhakta Maya	RAI	Female	60+	1:28:15	
148	198	Helen	MARK	Male	40 - 60	1:31:05	
149	54	Dina	RAYAMAJHI	Female	60+	1:31:22	
150	89	Lynette	MILLER	Female	60+	1:33:30	
151	187	Anju	RAI	Female	40 - 60	1:34:00	
152	148	Santoshi	HANGSARUMBA	Female	40 - 60	1:35:18	
153	145	Sangita	UPADHYAYA	Female	40 - 60	1:37:14	
154	67	Harihar	UPADHYAYA	Male	60+	1:42:02	
155	57	Durga	SINGH	Female	40 - 60	1:45:25	
156	174	Sushma	SAINJU	Female	40 - 60	1:51:44	
157	135	Rewa	KARKI	Female	40 - 60	1:51:46	